

A close-up photograph of a woman's face and shoulders. The image is softly lit, highlighting the texture of her skin. A semi-transparent, light brown square is centered over the image, containing the text. The woman's lips are slightly parted, and her skin appears smooth and radiant.

**Your new look**  
starts here



**Spire**

Cosmetic Surgery

# Start

feeling the difference

Cosmetic surgery can do wonders for the way you look and feel about yourself. We want you to experience that new confidence right from the start, by giving you all the information you need to make the choice that's right for you.

By picking up this brochure, you've just taken the first step. Whatever you want to know about cosmetic surgery, we'll help you find the answers.

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# Spire – what's the attraction?

With over 25 years' experience and our reputation for clinical quality, you can be sure you're in the very best hands.

All our cosmetic surgeons are fully qualified in cosmetic surgery and are on the GMC specialist register. Many are also members of the UK's leading cosmetic and plastic surgery associations, BAAPS and BAPRAS.

With us you can choose the surgeon you want. They'll be with you every step of the way – from giving advice at your first consultation through to offering ongoing support after your surgery.



# Your breasts

If you're not happy with the size, shape or feel of your breasts, a change can have a dramatic effect on your confidence.

Whatever shape you're aiming for, whether you want to go bigger, smaller or just a bit younger and firmer, we can help you achieve the curves you want, with beautiful, natural-looking results.

**Procedures include:**

- enlargement
- uplift
- reduction
- inverted nipple correction





# Your body

There are some problem areas no amount of diet or exercise can put right. That's where a little expert intervention can really make a difference.

We can smooth, firm, trim or tuck – and help give you fabulous curves in all the right places.

**Procedures include:**

- tummy tuck
- liposuction
- liposculpture
- thigh and buttock lift
- arm reduction
- labial reduction
- calf implants
- thread vein removal
- varicose vein removal





# Your face

Sometimes the subtlest changes can make a real difference to the way you – and others – see you.

Whether you want to alter one of your features or are simply aiming to look younger and fresher, we'll tell you about all the treatments available and help you decide what's right for you.

**Procedures include:**

- nose re-shaping
- ear pinning
- eyelid surgery
- facelift
- brow lift
- chin implant
- cheek implants
- eyelid reduction
- split earlobe repair

# Your skin

We know what works when it comes to making skin look young, beautiful and healthy.

Our excellent range of non-surgical treatments can help smooth over tell-tale lines and wrinkles, clear away unwanted hair and banish blemishes.

**Procedures include:**

- thread vein removal
- mole removal
- scar revision
- anti-wrinkle injections
- laser treatment for lines and wrinkles
- laser treatment for vascular birthmarks
- laser and intense pulsed light therapies for scars and blemishes
- laser hair reduction
- chemical peel
- dermabrasion
- microdermabrasion
- tattoo removal





# Why should women have all the attention?

Today, more and more men are choosing cosmetic surgery to enhance their looks and build a better physique.

We can help you look stronger or younger, firm up stubborn areas that don't improve with exercise, or help you change a part of your face or body that you're not happy with.

## Your face:

- nose re-shaping
- ear pinning
- eyelid reduction
- facelift
- brow lift
- chin implant
- cheek implants

## Your body:

- tummy tuck
- breast reduction
- pectoral implants
- testicular implant
- liposuction
- liposculpture
- calf implants

## Your skin:

- thread vein removal
- varicose vein removal
- mole removal
- scar revision
- anti-wrinkle injections
- laser treatment for lines and wrinkles
- laser and intense pulsed light therapies for scars and blemishes
- laser treatment for vascular birthmarks
- laser hair reduction
- chemical peel
- dermabrasion
- tattoo removal





# Come and see us

## Free open events

If you'd like to know more about us, or about any of our cosmetic treatments, we'd be pleased to see you at one of our local open events.

These are hosted by our expert cosmetic surgeons, giving you the perfect insight into the newest techniques and procedures.

You can also find out what questions to ask, learn how to avoid any pitfalls and meet our team for an informal chat.

## No obligation consultations

Naturally you'll have important questions to ask before you make any firm decisions about cosmetic surgery.

That's why we want to give you the opportunity to talk directly to one of our cosmetic nurses or surgeons.

If you're happy with the answers, they will advise you what to do next.

## 0% APR typical finance, 0% hassle

We can provide loans at 0% APR typical to cover up to 100% of your treatment costs for a basic £55 administration fee.

For further information, call First Medical Loans' advisory team on 0845 618 5375, 8.30am to 6.30pm Monday to Friday and 9am to 1pm on Saturday.

## Find out more

For an initial guide price for any treatments or procedures you're interested in, or to register for a free open event, call your local Spire hospital or visit [www.spirecosmeticsurgery.com](http://www.spirecosmeticsurgery.com)  
We'll be happy to help.

# Your journey

- 1 To ask us about the treatment you're interested in and for an initial guide price, call your local Spire hospital or visit [www.spirecosmeticsurgery.com](http://www.spirecosmeticsurgery.com)
- 2 For more detailed information, come to our next local open event.
- 3 Consider the information we have given you about our cosmetic surgeons and decide who you want to see.
- 4 Pick a date for a private consultation with the cosmetic surgeon of your choice, when you'll receive a final fixed price for your treatment and find out how long you'll be in hospital.
- 5 Book a date for your treatment.
- 6 Check your finances for payment, arrange time off work and any support you may need when you're back home.
- 7 Come in for treatment.
- 8 Once you've left hospital and been home for a week you'll usually be invited back for a follow-up check with your cosmetic surgeon.

# Where we are

**1 Blackpool**  
Spire Fylde Coast Hospital  
01253 308 031

**2 Brentwood**  
Spire Hartwood Hospital  
01277 266 761

**3 Bristol**  
Spire Bristol Hospital  
0117 980 4080

**4 Bushey**  
Spire Bushey Hospital  
0208 901 5505

**5 Cambridge**  
Spire Cambridge Lea Hospital  
01223 266 929

**6 Cardiff**  
Spire Cardiff Hospital  
029 2054 2509

**7 Chatham**  
Spire Alexandra Hospital  
01634 662 866

**8 Edinburgh**  
Spire Murrayfield Hospital  
0131 316 2507

**9 Edinburgh**  
Spire Shawfair Park Hospital  
0131 654 5600

**10 Elland**  
Spire Elland Hospital  
01422 324 065

**11 Farnham**  
Spire Clare Park Hospital  
01252 895 490

**12 Gatwick**  
Spire Gatwick Park Hospital  
01293 778 906

**13 Gerrards Cross**  
Spire Thames Valley Hospital  
01753 665 404

**14 Harpenden**  
Spire Harpenden Hospital  
01582 714 420

**15 Hastings**  
Spire Sussex Hospital  
01424 757 455

**16 Hull**  
Spire Hull and East Riding Hospital  
01482 672 412

**17 Hythe**  
Spire St Saviour's Hospital  
01303 233 766

**18 Leeds**  
Spire Leeds Hospital  
0113 218 5977/67

**19 Leicester**  
Spire Leicester Hospital  
0116 265 3021

**20 Liverpool**  
Spire Liverpool Hospital  
0151 522 1805

**21 Macclesfield**  
Spire Regency Hospital  
01625 505 412

**22 Manchester**  
Spire Manchester Hospital  
0161 232 2303

**23 Methley**  
Spire Methley Park Hospital  
01977 664 245

**24 Norwich**  
Spire Norwich Hospital  
01603 255 614

**25 Portsmouth**  
Spire Portsmouth Hospital  
023 9245 6172

**26 Reading**  
Spire Dunedin Hospital  
0800 328 3026

**27 Redbridge**  
Spire Roding Hospital  
020 8709 7817

**28 Solihull**  
Spire Parkway Hospital  
0121 704 5530

**29 Southampton**  
Spire Southampton Hospital  
023 8091 4471

**30 Southend-on-Sea**  
Spire Wellesley Hospital  
01702 447 926

**31 Sutton Coldfield**  
Spire Little Aston Hospital  
0121 580 7119

**32 Tunbridge Wells**  
Spire Tunbridge Wells Hospital  
01892 741 150

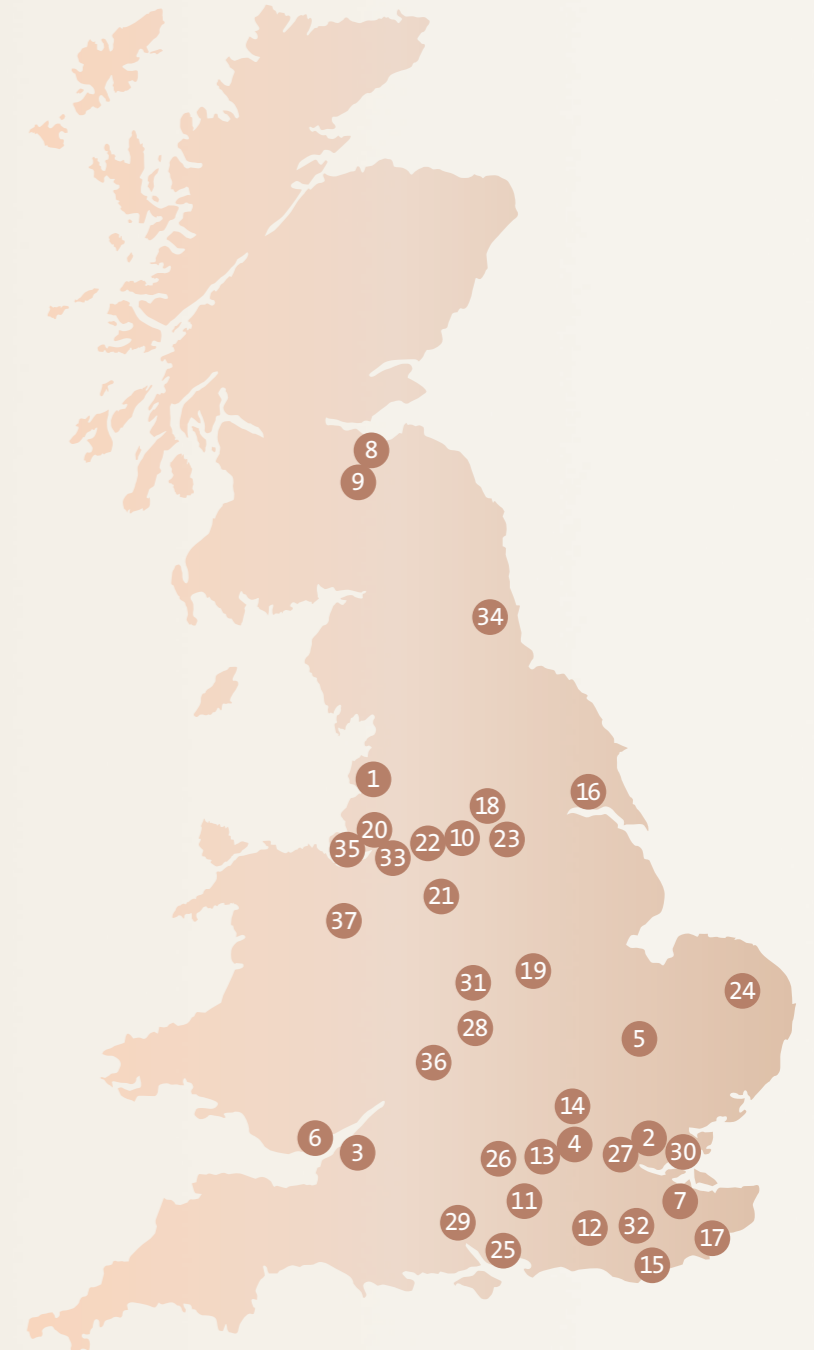
**33 Warrington**  
Spire Cheshire Hospital  
01925 215 029

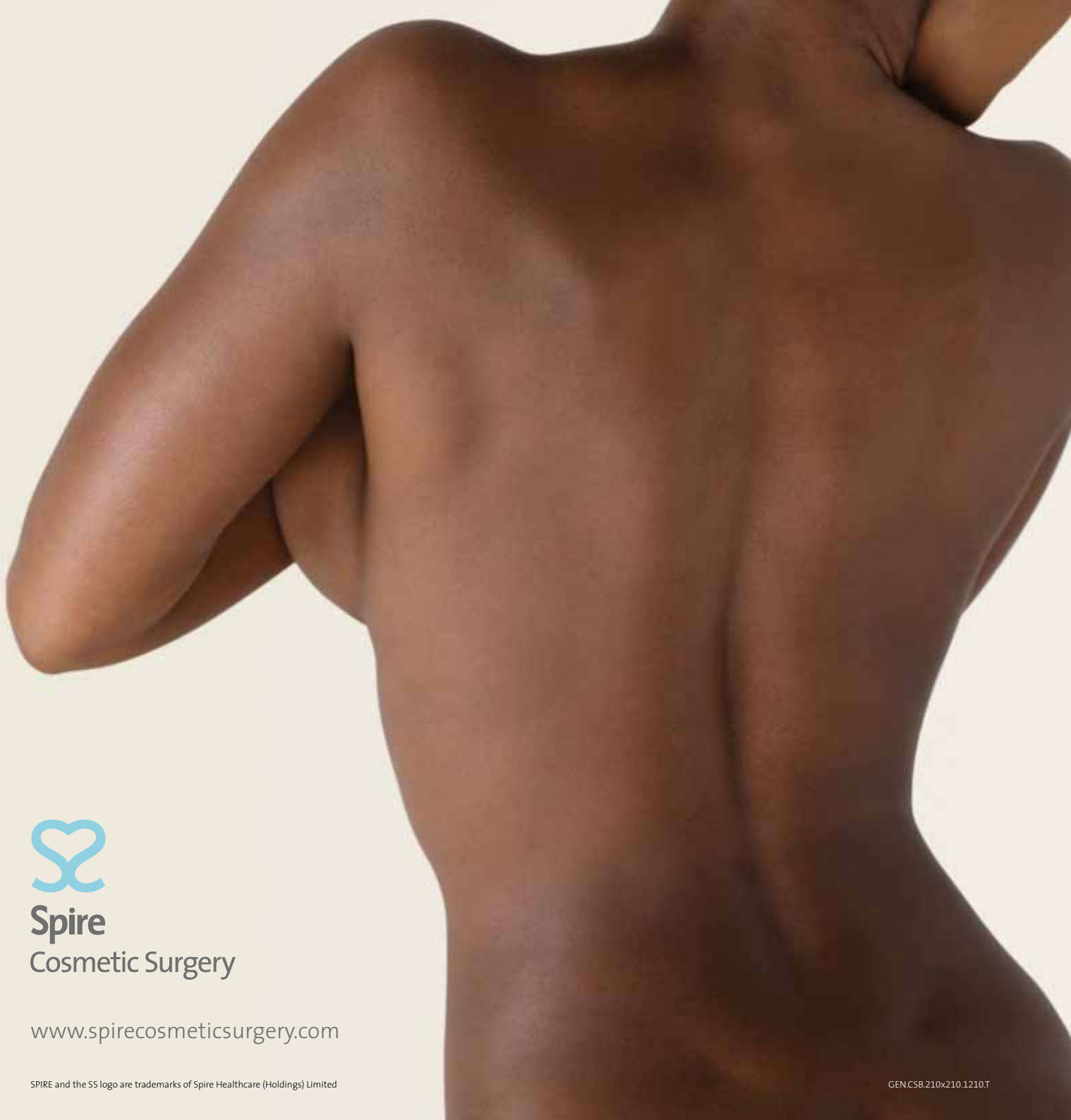
**34 Washington**  
Spire Washington Hospital  
0191 418 8687

**35 Wirral**  
Spire Murrayfield Hospital  
0151 929 5408

**36 Worcester**  
Spire South Bank Hospital  
01905 362 252

**37 Wrexham**  
Spire Yale Hospital  
01978 262 462





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Cosmetic Surgery

[www.spirecosmeticsurgery.com](http://www.spirecosmeticsurgery.com)

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